

## PERSONAL CARE SERVICES

Minnesota's Personal Care Assistance program is designed to support people of all ages with disabilities to live independently in the community. Personal Care Assistants (PCAs) provide services to people who need help with activities of daily living and health-related functions. PCAs also provide hands on assistance, supervision, redirection and intervention for behavior including observation and monitoring.

### ELIGIBILITY FOR PERSONAL CARE

- Must be eligible for or receiving Medical Assistance or Minnesota Care expanded benefits (for pregnant women or children under age 21) or be eligible for the Alternative Care program for qualifying seniors.
- PCA services may only be provided when determined medically necessary through the assessment process.
- Individual clients must be able to make decisions about their care or have a person or responsible party who can make decisions about their care.



## MISSION STATEMENT

*Our name is an acronym for our Mission Statement.*

**Home** is the word we use to describe the place where each person should be able to find rest, nourishment, comfort, healing and belonging regardless of ability.

Where it's **at** for us: connecting every person to a great caregiver.

The **Heart** of a great caregiver is one of trust, hospitality, compassion and responsibility.

We **Care** about people, because God cares about people.

## VISION

To support In-Home Caregivers throughout the State of Minnesota who can make a Godly difference in someone's heart and home.

## CORE VALUES

Trust ~ Hospitality ~ Compassion ~ Responsibility

## Minnesota DHS PROGRAM OVERVIEW

*Seniors can get help paying for services to stay in their own home.*



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**Personal Care Services**

**Alternative Care**

**Elderly Waiver**

**Essential Community Supports Programs**



## **YOUR HOME IS WHERE OUR HEART IS**

### **THE MINNESOTA DHS DESCRIBES AVAILABLE PROGRAMS ON IT'S WEBSITE AS FOLLOWS:**

Seniors and their families who need services that help older persons remain in their homes may be interested in Minnesota's Alternative Care and Elderly Waiver programs. These programs also provide services that help spouses and families care for their senior family members.

The programs include a wide variety of services that help older adults, including home health aide services, home delivered meals, family caregiver support training, adult day care services, transportation, personal care assistants, medical supplies and equipment, companion services and homemaker services. The Elderly Waiver also include adult foster care services, customized living services and more. The Essential Community Supports program provides funding for some services that many seniors find helpful such as homemaking or meals.

If you are interested in learning more about the programs, please contact the groups listed below. When you call, county staff will talk with the caller about the senior's needs and abilities, and will provide information about community resources.

#### **FOR MORE INFORMATION:**

- Call your county's health or human services agency. Look in the phone book in the blue "government" pages for your county's listing.
- Call the Senior LinkAge Line® (800) 333-2433 for help in connecting to your county or senior services.
- If you belong to a health plan, you may be referred to your care coordinator for assistance.
- Visit the DHS website at [www.mn.gov/dhs](http://www.mn.gov/dhs) and look under "People We Serve/Seniors".
- Reference DHS Publication "DHS 2988"

<https://edocs.dhs.state.mn.us/lfsrver/Public/DHS-2988-ENG>



**Home**  **Care**  
**at Heart** JAMES 1:27  
 In-Home Personal Care & Homemaking  
*Serving North-Western Minnesota*